



District Master's Message

Worthy Sir Knights and Brothers All,

On April 30, 2016, the Michael J. Sabella Assembly No. 2417 hosted an Exemplification in Hickory at St. Therese Church. Due to my Granddaughter's First Holy Communion I was not able to officiate at this exemplification. I want to thank South Carolina District Master, Mike Mika for standing in for me. There are now 57 new Sir Knights. I offer my congratulations to our newest members of the Patriotic Arm of the Order and encourage you to get involved in the activities and Color Corps of your Assembly.

The next exemplification will be in the Fall on November 19th at St. Patrick's in Fayetteville and will be another Regional (one day). More information will be published within the next couple of months. Start now recruiting Brothers for this Exemplification.

The May State Convention is just around the corner. I am asking all Sir Knights with regalia to join me and be a part of the Honor Guard for the Convention Mass on Saturday, May 21st. This is Armed Forces Day, a perfect time for the Patriotic Arm of the Order to come out in full force. We will also need a Color Guard to present the Colors at the start of the Saturday meeting, and at the presentation and retirement of the Colors at the Banquet. Please contact District Marshal Rick Lewis (rlewis17@nc.rr.com) and let him know if you will be able to participate in either or both the Honor Guard and Color Guard.

Assembly Officer Elections – Per the By-Laws of the Fourth Degree, May is the month that all assemblies will elect their next Assembly Officers for the fraternal year of 2016 / 2017. As soon as elections are held, there are two things the Navigator / Comptroller must do.

1. Go on the State website (kofcnc.org), under the "4th Degree" section and fill out the Directory Form.
2. Go to the Supreme website (kofc.org) and complete Form 186 – Report of Officers Chosen for the Term. It can be done online or download and do it manually. Please send the VSM, Robert Anderson (randner12@verizon.net) and me (donofrio@nc.rr.com) a copy. I can assure you that I, the Marshals, and District Secretary Bill will be reminding you. If you don't want several reminders, fill out Form 186, submit, and complete the directory form within a week of your elections. As a matter of fact, anytime you have a change in your Officers, you must follow the same procedure to report the change.

Dates for various Assembly forms and when due:

1. Between **4/1 and 6/30** – RSVP and Plaque Application – Form 2863A (Submit to Supreme with cc to VSM and District Master)
2. No later than **4/30** – To Be a Patriot Award Entry Form – Form TGP-1 (Submit to District Master only) – as of 5/2/16 I have only received one submission. As a result this will be the one sent to the VSM for his review and judging with the other submissions he gets from the other Districts in his Province.
3. No later than **6/30** – Civic Award Application – Form 2321 (Submit to Supreme with cc to VSM and District Master)
4. No later than **7/1** – Report of Assembly Officers Chosen for the Term (**100% participation**) – Form 186 (Submit to Supreme with cc to VSM and District Master)
5. No later than **7/1** – Fourth Degree Directory Form, as mentioned above (**100% participation**) – Submit on State website
6. No later than **8/1** – Annual Assembly Audit Report (**100% participation**) – Form 1315 (Submit to Supreme with cc to VSM and District Master)

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District Master's Message Continued

The **Military Coupon Program** has now surpassed 2.5 million coupons sent to the families of our Military, both at home and abroad. Please give the coupons to your Field Agent and he will see that the Agent for Joe's area gets them. Joe's Agent will then pass them on to him. Please **NOTE** – We cannot use the term **COUPS FOR TROOPS** any more. We were notified it has been adopted and used by another organization and we are not allowed to continue to use it.

Never forget – “Sir Knight” is not just a title, it is “An Honor”.



Fraternally,

District Master SK Dave Onofrio, PSD



God Bless You, God Bless Our Church, and God Bless America

MAY 21 2016



The Official Publication of the 4th Degree, Knights of Columbus, of North Carolina



Form 186 / Assembly Officers for 2016-2017

It's May!!! That means it's time for all assemblies to elect the next slate of officers for the upcoming fraternal year. This also means that there will be paperwork that will need to be filled out in support of these elections, and this is done on Form 186.

This form is integral and necessary, as it will direct communications from Supreme to your assembly leadership. It is required to be submitted no later than July 1st. The nice thing is, the form is not complicated to fill out, and only takes about 6-8 minutes to fill out. Even better, the form is available to fill out on-line via the Supreme website

(<http://www.kofc.org/en/members/resources/forms/assembly.html>).

It only requires a few items as follows:

- Name and Membership number – All Officers
- Council number – All Officers
- Address for all officers EXCEPT Sentinels and Trustees
- Contact info (phone and email address) for Navigator and Comptroller

Since you now know what is going to be required, plan ahead now!!! The Comptroller has all of this information in his possession. With the form being on-line, and the data with the Comptrollers, you do not have to wait till July 1st to submit this form. Best practice is to get the form filled out and submitted within 4-5 days after your elections.

REMINDER: The form needs to be sent to Supreme, the District Master and the Vice Supreme Master. All information you need is in your District Directory, or under District Staff under the Fourth Degree on the State Website.

North Carolina has the proud honor of always having 100% submittal of the form, as well as being the first in the Province to have all forms submitted on-time. We want to keep that tradition going for this year as well.

Here's the really best part, the sooner you fill out the form and submit, the fewer emails you will receive reminding you to submit the form. A WIN-WIN for everyone!

Good luck to all those running for office!

SK Rick Lewis, PFN
District Marshall





Honor Guard for Mass at the State Convention

Saturday May 21st is Armed Forces Day in America. This day marks the culmination of Armed Services Week; our Nation's way of paying tribute to, and honoring, all the men and women who serve or have served in our Nation's Armed Forces.

The 96th Annual State Convention is also being held May 20 – 22, 2016 in Winston-Salem, NC. As is customary, there will be an Honor Guard for the Mass on Saturday May 21st of the Convention, and the Master would like as big a turnout as we can get in the Honor Guard. If you are a Fourth Degree Knight with regalia, and are planning on attending the Convention, your participation is very much welcomed; **BRING YOUR REGALIA WITH YOU TO THE CONVENTION!** Additionally, if you are local to the area and want to come join us in the Honor Guard for the Mass, we would welcome your participation as well.

At this time, we are looking at Mass time to be 4:00p. We will have space for Sir Knights to gather and dress in their regalia before Mass. Sir Knights planning to be in the Honor Guard need to at the designated gathering room by 3:00p.

Here is the dress code for the Mass:

1. Black tuxedo
2. Plain white tuxedo pleated shirt (with lay down collar – NO wing tips allowed)
3. Black studs and cufflinks
4. Black bow tie and cummerbund
5. Black shoes and socks
6. SERVICE baldric with Sword
7. Flag/Emblem lapel pin
8. You may wear your CURRENT jewel of office only, around your neck. Past officer jewels around the neck are not allowed.
9. You may wear your mini jewels above the jacket pocket, but only those representing an office you've previously held.
10. White gloves
11. No name badge
12. Cape
13. Chapeau

Over the last two conventions, we have had progressively increased participation from Fourth Degree members. Let's continue that tradition this year with even more participation.

We look forward to seeing you at the convention.



Rick Lewis, PFN
District Marshal





CRITERIA FOR ATTAINING THE STAR ASSEMBLY AWARD

- Publish and distribute to the assembly membership a minimum of six Assembly Newsletters during the 2015-2016 fraternal year. A copy of each newsletter must also be sent (either in print or electronically) to the Vice Supreme Master.
- Meet the assembly's membership goal, with a net gain of 10% additions over deletions.
- Earn the Civic Award by conducting a minimum of four patriotic programs during the 2015-2016 fraternal year, and reporting those programs to the Supreme Master by June 30, 2016 on the Civic Award Application.
- Complete and submit to your District Master by April 30 the To Be A Patriot Award application.
- Complete and submit the Report of Officers Chosen for the Term (#186) and the Annual Survey of Fraternal Activity (#1728) by their respective due dates. The Fraternal Survey form is due January 31, 2016. The office report form was due July 1 but, for Star Assembly qualification purposes **FOR THIS YEAR ONLY**, forms received on or before December 1, 2015 will be considered "on time".
- Complete your Assembly Audit

NOTE: All required forms for the Star Assembly Award can be found on the Assembly Forms page of kofc.org/forms.



KofC Supreme Council
KofC Supreme Assembly



Star Assembly
Patriotic Assembly No. 1775

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Marshals



Congratulations to all of our new Navigators and Assembly Officers. I wish you all much success in the new fraternal year. To assist me in ensuring you receive important information and communications about events in the District, your Diocese and your local area, I would like to introduce to you my District Marshal and Assistant District Marshal Staff, and the assemblies they cover. Please feel free to reach out to them if you have questions or events in your area, and need assistance.

SK Dave Onofrio, PSD
District Master



Marshal Rick Lewis

Raleigh – 778
Cary – 2446
Garner/Fuquay – 2983
Chapel Hill – 3005
Durham – 3365
Henderson – 3440
Wake Forest – 3510
Raleigh -- 3552



ADM Al Grupy

Fayetteville – 783
Southern Pines – 2069
Hope Mills – 2238
Newton Grove – 2490
Shallotte – 3115
Ft. Bragg -- 3459



ADM Matt Dimock

Charlotte – 780
Mint Hill – 2208
Denver – 2417
Gastonia – 2531
Concord -- 3158



ADM Dave McGuire

Wilson – 1899
Elizabeth City – 2379
Roanoke Rapids – 2538
Outer Banks -- 2989



ADM Dick Hamel

Asheville – 781
Hickory – 1713
Hendersonville – 2130
Arden – 2274
Shelby 2725
Maggie Valley -- 3001



ADM Greg Ciesielski

Jacksonville – 1541
New Bern – 1820
Wilmington – 2017
Morehead City – 2220
Swansboro – 2713
Southport – 2826
Havelock -- 2894



Admin. Asst. Boyce Williams

Greensboro – 779
Winston-Salem – 782
High Point – 1828
Burlington – 2254
Triad – 2282
Kernersville – 3017
King – 3076
Greensboro -- 3253





Where to Purchase your Tuxedo

1. **My Own Tuxedo** – You can order a complete tuxedo (jacket, pant, cummerbund and shirt) for about \$125 including shipping. The web site is <http://www.myowntuxedo.com/>
2. Some **J.C. Penny stores** still offer a discounted price for the proper tuxedo attire. This is not a corporate program and is entirely up to the store manger



- Black Tuxedo – “After 6” version. No tails, just a straight bottom cut with normal lapels
- Plain white, pleated tuxedo shirt with a straight collar – **NO WING TIP COLLARS**
- Black bow tie
- Black cummerbund
- Round black tuxedo studs and cuff links
- Black shoes and socks
- **NO VESTS**





Form 4 - Properly Filled Out

PLEASE PRINT

FOURTH DEGREE MEMBERSHIP DOCUMENT
KNIGHTS OF COLUMBUS
A SOCIETY OF CATHOLIC MEN

MEMBERSHIP NUMBER: 1234567

1	LAST NAME SMITH	FIRST NAME ROBERT	MIDDLE INITIAL J	TITLE
	STREET 8804 Smooth Dr.	CITY Cary	ST. / PROV. NC	POSTAL CODE / COUNTRY 27777
	HOME PHONE 111-222-3456	DATE OF BIRTH 03/06/1946	NATIONAL STATUS M	THE PROMISE DATE 04/01/53
			CITY COUNCIL NO. 002	
2	CITIZEN OF WHAT COUNTRY? USA		BY BIRTH OR NATURALIZATION? Birth	IF NATURALIZATION HAVE FINAL PAPERS BEEN RECEIVED? YES NO
3	IF YOU WERE PREVIOUSLY INITIATED IN THE FOURTH DEGREE, GIVE REASON FOR TERMINATION			
	DATE OF	REASON FOR TERMINATION	ASSEMBLY NUMBER	CITY
				ST. / PROV.
	PARISH St. Jude	ASSEMBLY 1821	CITY Cary	ST. / PROV. NC
4	I HEREBY DECLARE THAT THE ABOVE IS TRUE AND CORRECT AND THAT I AM A PRACTICAL CATHOLIC IN COMMUNION WITH THE HOLY SEE. <i>Robert J. Smith</i> 12/28/13 <i>John G. Goase</i> 1821 0197676		I CERTIFY THAT THE APPLICANT IS A THIRD DEGREE MEMBER IN GOOD STANDING BY 4464 Cary NC COUNCIL NO. 12/31/13 LOCATION Joseph Bloss DATE SIGNATURE OF FINANCIAL SECRETARY	
5	Faithful Navigator <i>Sam Seaworth</i>	DATE 01/06/14	RECEIVED FEES OF \$ _____ DATE _____	
	Faithful Comptroller <i>Bob Down</i>	DATE 01/06/14	APPLICANT INITIALED AT _____ DATE _____	

Supreme Secretary Copy





One Nation Under God
Designated Flag Flying Days from the U.S. Flag Code

New Year's Day, January 1
Inauguration Day, January 20
Martin Luther King Jr.'s birthday, (third Monday in January)
Lincoln's Birthday, February 12
Washington's Birthday, (third Monday in February)
Easter Sunday (variable)
Mother's Day, (second Sunday in May)
Peace Officers Memorial Day, May 15 (half-staff all day)
Armed Forces Day, third Saturday in May
Memorial Day (half-staff until noon), the last Monday in May
Flag Day, June 14
Independence Day, July 4
Labor Day, first Monday in September
Patriot Day, September 11 (half-staff all day)
Constitution Day, September 17
Columbus Day, (second Monday in October)
Navy Day, October 13
Veterans Day, November 11
Thanksgiving Day, (fourth Thursday in November)
National Pearl Harbor Remembrance Day, December 7 (half-staff all day)
Christmas Day, December 25



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Knights of Columbus District of North Carolina Programs

The following programs are considered as District wide.

Military Chaplain Scholarship Fund – To support priestly vocations for the military. This is reserved exclusively for seminarians who will, once ordained, serve both their home diocese and the Archdiocese for the Military Services, USA, as a uniformed chaplain. The goal to have each State, combined with the Fourth Degree District, raise a minimum of \$4000 per year over a five year period has been met. However, the Supreme Knight has asked us to continue and has raised the goal to \$1.2 million. The Archdiocese's 5 year plan shows a need for \$2.7 million and they do not get any assistance from the government. We must continue to collect as much money as we can in support of trying to reduce the shortage of Catholic Chaplains in the Military. Checks are to be made payable to "Knights of Columbus Charities" with the notation "Military Scholarship" in the memo area and mailed to:

Gary L. McLain, PSD, FM, FVSM
36 Currant Avenue; Middleburg, FL 32068

Wounded Warrior Fund – Run through the Military Order of the Purple Heart, we raise money to send all of the Wounded Warriors, in the Military Hospital at Camp Lejeune Marine Base, home for the Holidays. This is a 501c3 non-profit organization and your contributions are tax deductible. 100% of the money is used to send them home. This program has been approved by Supreme Master Dennis Stoddard. Checks are to be made payable to "M.O.P.H." with the notation "Wounded Warrior Fund" in the memo area and mailed to:

Robert J. Singer, PSD, FDM, FVSM
2506 Canal Drive; Wilson, NC 27896-1326

VAVS (Veterans Assistance Volunteer Service) – This encompasses so many activities in support of our Veterans and it is only limited by your imagination. SK Tom DuPree is our representative for this extremely valuable program and has implemented several ways we can help and work with our Veterans. One such activity was the collection, at the Fourth Degree Exemplification, of specific items that are needed at the VA Medical Centers in NC. Please contact Tom, find out what he has already set up and volunteer. Tom is always looking for more ideas.

Tom DuPree, North Carolina District VAVS Representative VA
twdupree@aol.com H- 919-577-6901 or C- 919-302-5550



Knights of Columbus
District of North Carolina Programs

“One Nation Under God” Pledge Program – It calls for all assemblies in each U. S. state to gather at the state's capital city on Flag Day, June 14th, to conduct a flag ceremony and recite the Pledge of Allegiance each year. Every Assembly should plan an event in their community for Flag Day. Marshal Rick Lewis is heading this up for the District. Contact Rick at rlewis17@nc.rr.com.

4th Degree Patriotic Coupon Program – All we are asking you to do is to save all the **national product** unexpired or expired coupons and send them to Joe Bailer. Joe is working with his contacts at Fort Bragg to distribute these coupons to military families in the U.S. and overseas. This doesn't involve any manual labor (except using a pair of scissors) and would mean so much to many military families. There is no reason you can't get your Assemblies and Councils involved immediately, at little or no cost.

Contact info:

Joe Bailer

3717 Colorado Drive

Hope Mills, NC 28348-2106

910-424-4880, No email



Sir Knights,

Two reminders to pass along to all who wear the official uniform or that of the Color Corps (in regalia):

1. Always have your tuxedo jacket buttoned when in public and/or posing for pictures.
2. Stand Tall, Stand Proud - remember, "Sir Knight is more than a title, it is an Honor"

SK Dave Onofrio



Greetings Brother Sir Knights and Faithful Navigators,
Vivat Jesus!

In the month of May, we will be celebrating two important dates in honor of our Veterans: Saturday, May 21st “Arm Forces Day” and Monday, May 30th “Memorial Day”. Most Americans will only view these two dates, as Holidays. I would like to request that you, my Brother SK, take the extra step of doing something positive to celebrate the sacrifices that our men and women in the Military have given in defense of our freedom.

National Wheel Chair Games: Salt Lake City, Utah-June 26-July 3, 2016 The following VA’s Durham (sending 8 Veterans), Salisbury (sending 17 Veterans) and Fayetteville (sending 13 Veterans). The Knights of Columbus have been supporting these Games (NWCG) for the past eight years. The Knights have been requested to provide financial support to assist these Veterans to attend the Games. The cost for room (one week- two Veterans sharing) is \$1,000. Airfare is approximately \$550. Per Veteran. Some Assemblies and SK have stepped up to provide funding to assist and support these Veterans. We are STILL IN NEED of additional dollars to fund the cost of their trips. The VA provides NO FUNDING for this program.

If your Assembly has not yet considered making a donation to support the Veterans, I respectfully request your support. Details of this program have been published in the January through April Golden Plume. As SK, this is an excellent opportunity to show your support of our principle, “Patriotism”, by making a personal \$\$\$ donation. Every dollar is critical!

Leadership: By this time, your Assembly has prepared your slate of officers for the year 2016-2017. I want to thank the existing FN and Officers for their support of the VAVS Programs. In order to support the many needs of our Veterans and VAVS Programs, I would like to suggest that you consider funding in your budget in the coming year for such programs as Coats for Veterans, The National Wheel Chair Games, Wounded Warriors, USOs, and special needs throughout the year. FN, please contact the GK of the Councils under your Assembly (the month of July) and discuss how you and he, in cooperation of the Council/ Assembly membership to support our Veterans.

VAVS Representatives and Deputy Reps: I am still in need of support of the Fayetteville, Asheville and Salisbury VA Medical Centers. Communications and the VA and the Assembly/Councils in the needs of our Veterans. Details of the job and VAVS Program are available on the State Website under Fourth Degree (VA Voluntary Service-Representative and Deputy Representative Volunteer Training).

Healthcare Centers in Kernersville, Charlotte and Fayetteville: Volunteers are needed in all facilities. Contact your FN if interested in participating.

No Veterans Dies Alone: Veterans in our Hospice and Community Living Centers often do not have any relatives near for support at this time. The medical staff provides the best care they can. Volunteers who are willing to provide comfort to these Veterans during their last days will receive Hospice Training by the VA. This is one of our Works of Mercy in The Year of Mercy.

Continued on Page 13



VAVS Continued from Page 12

Bull City Run, Walk, Roll—5K—Saturday, May 7th. See attachment in April Golden Plume. This event is being sponsored by the Durham VA Medical Center in partnership with the American Legion Auxiliary Unit 175 and the support of the Knights of Columbus. Funds will be used to support Veterans Programs. Come, participate with your family and friends.

Reporting of Assembly Activities in Support of our Veterans: January 1, 2016 through June 30, 2016. FN, please take time to complete the form of the Activities that you were responsible during this period. Forms are on the State Website. Reason: this will assist the new FN in his requirement to report all activities for the calendar year of 2016-2017.

Needs by the VA Medical Centers: Gift cards to community restaurants for Veterans served through Hospice. Visa gift cards. Utilized for recreational outing and for purchasing other items not support by VA vendors. I-Tune gift cards for music down loads. Prepackaged snack foods such as granola bars, peanut butter crackers, soda and bottles of water. Art/craft supplies, acrylic paints, watercolor paints, sketch pads, color pencils, color markers, paint brushes, Model cars/ships/airplanes, tile mosaic kits for adults. Feminine products, phone cards and annual passes to places like Biltmore, arboretum, tickets— theater, fine arts, museums, etc...sponsors for picnics and sponsors for monthly breakfasts.

SPECIAL NEED—ASHEVILLE VA MEDICAL CENTER: Replacement for the Residents computers in the Hospice/CL1 and CL 2. The current computers are outdated and will no longer accept updates and are unusable for our Residents! These computers ARE NOT MAINTAINED BY THE HOSPITAL COMPUTER SERVICE OR THE VA. THIS IS A QUALITY OF LIFE ISSUE FOR OUR HOSPICE AND LONG TERM RESIDENCE. Voluntary Service is seeking the donations of four (4) computers running windows 8 at a minimum. THE VA DOES NOT PROVIDE THESE COMPUTERS. If you can assist please contact me at twdupree@aol.com.



Fraternally,
SK Thomas W. (Tom) DuPree Jr. PGK, PFN, VAVS Representative Durham VA
North Carolina District VAVS Representative VA,
North Carolina State Council Veterans Affairs and VAVS Chairman
St. Francis of Assisi Assembly # 3552 Faithful Navigator



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When You Meet A Veteran...



Just Say...

Thank
You!!