District Master's Message

Worthy Sir Knights and Brothers All,

The May State Convention was a major success for the North Carolina District of the Fourth Degree. I am proud to say we not only had a Color Guard to present and retrieve the Colors at the appropriate times during the weekend, and what a great job they did; but 25 Sir Knights made up the Honor Guard at the Mass. A fitting tribute to our Military, past and present, on Arm Forces Day. You showed those present how proud you are to be members of the Fourth Degree and how thankful you are for all those who gave their lives for Freedom. Thank you very much!!

Now share that pride with other Knights. "Do not wait. Recruit candidates now."

The next Fourth Degree Exemplification will be in the fall and will be a Regional (one day). The Cardinal Gibbons Assembly 783 will be hosting it at St. Patrick's in Fayetteville. There will be more to follow in future Golden Plumes.

"Sir Knight", are not just words, it is an" Honor"

There is a lot going on over the next few months and the main way we have to communicate what is happening, when and where, is through the Golden Plume. Yet, many of the Sir Knights in our District do not see the newsletter. Faithful Navigators, please assign a Brother in your Assembly to send it to all the members each month and ask them to take the time to read it.

Election of Assembly Officers:

Elections should be completed for Assembly Officers for the fraternal year of 2016 / 2017. As soon as elections are held, there are two things the Navigator / Comptroller must do.

- 1. Go on the State website (kofcnc.org), under the "4th Degree" section and fill out the directory form.
- 2. Go to the Supreme website (kofc.org) and complete Form 186 Report of Officers Chosen for the Term. It can be done online or download and do it manually. Please send to Supreme (membershiprecords@kofc.org) with a copy to: VSM Robert Anderson (rander12@verizon.net) and myself (donofrio@nc.rr.com).

Dates for various Assembly forms and when due:

7/1 – Report of Officers Chosen for the Term (100% participation) – Form 186

7/1 – Fourth Degree Directory Form, as mentioned above (100% participation) – State website

8/1 – Annual Assembly Audit Report (100% participation) – Form 1315

Flag Day Activities and Celebrations:

I know most Assemblies will be participating and I ask that you send photos and a very brief write up to District Secretary Bill Barry (bbarry54@gmail.com). Bill will see that they get on the 4th Degree photo section of the State Website.

Continued on Page 2



District Master's Message Continued

Raleigh Diocese Fortnight for Freedom event:

We have been asked to furnish an Honor Guard for the Mass with the Bishop on June 23rd at St. Joseph Catholic Church at 6:30 PM. Marshal Rick Lewis will have more information and will contact the Assemblies within the next week or two.

Assembly Officer Installations:

Assembly and Councils to attend.

Please contact me. I will do as many of these as physically possible, but you must work with me. Don't set the date and then contact me and expect me to fit your installation in. It is my responsibility and honor to perform this important ceremony and my calendar fills up fast. We need to work with each other to establish a date for your installation. If I'm unable to do your installation, then I will assign someone else to fill in for me.

Assembly Officers – you must make every effort to attend your installation ceremony. You have committed to perform the duties of the office you were elected to. Now show your fellow Knights and Officers you are serious by participating in this ceremony. Faithful Navigators – once we have the date, contact your Faithful Friar and let him know how much it would mean to his Brothers if he too would participate. He has a part to play in the ceremony and he will be installed in his office. Why not invite the members of your

Assistant District Marshals – I would like you to attend and assist with the various installations in your area. Marshal Rick Lewis will send you the current spreadsheet and will send updates as more Assemblies are added. Let Rick know which ones you will be Attending and he will add this to the spreadsheet.

Many of the Assemblies are combining the installation of officers. This is a great way for the members, officers, and families to meet and get to know each other. As I stated at the biennial meeting; each Assembly should not consider themselves an island. We must work together as a District.

I want to thank all my Brothers who, time after time, show up to be a part of an Honor Guard and/or Color Guard. Our Bishops and Priests appreciate what we do, along with many Community Leaders; and I know the families of those who have passed on, appreciate it.

Never forget - "Sir Knight" is not just a title, it is "An Honor".



Fraternally,

District Master SK Dave Onofrio, PSD



God Bless You, God Bless Our Church, and God Bless America



Form 186 / Assembly Officers for 2016-2017

It's June!!! That means it's time for all assemblies to start working for the upcoming fraternal year. This also means that there will be paperwork that will need to be filled out and the first to be done is Form 186.

This form is integral and necessary, as it will direct communications from Supreme to your assembly leadership. It is required to be submitted no later than July 1st. The nice thing is, the form is not complicated to fill out, and only takes about 6-8 minutes to fill out. Even better, the form is available to fill out on-line via the Supreme website

(http://www.kofc.org/en/members/resources/forms/assembly.html). It only requires a few items as follows:

- Name and Membership number All Officers
- Council number All Officers
- Address for all officers EXCEPT Sentinels and Trustees
- Contact info (phone and email address) for Navigator and Comptroller

Since you now know what is going to be required, plan ahead now!!! The Comptroller has all of this information in his procession. With the form being on-line, and the data with the Comptrollers, you do not have to wait till July 1st to submit this form. Best practice is to get the form filled out and submitted within 4-5 days after your elections.

REMINDER: The form needs to be sent to Supreme, the District Master and the Vice Supreme Master. All information you need is in your District Directory, or under District Staff under the Fourth Degree on the State Website.

North Carolina has the proud honor of always having 100% submittal of the form, as well as being the first in the Province to have all forms submitted on-time. We want to keep that tradition going for this year as well.

Here's the really best part, the sooner you fill out the form and submit, the fewer emails you will receive reminding you to submit the form. A WIN-WIN for everyone!

Good luck to all the new Assembly Officers!

SK Rick Lewis, PFN District Marshall





CRITERIA FOR ATTAINING THE STAR ASSEMBLY AWARD

- Publish and distribute to the assembly membership a minimum of six Assembly Newsletters during the 2015-2016 fraternal year. A copy of each newsletter must also be sent (either in print or electronically) to the Vice Supreme Master.
- Meet the assembly's membership goal, with a net gain of 10% additions over deletions.
- Earn the Civic Award by conducting a minimum of four patriotic programs during the 2015-2016 fraternal year, and reporting those programs to the Supreme Master by June 30, 2016 on the Civic Award Application.
- Complete and submit to your District Master by April 30 the To Be A Patriot Award application.
- Complete and submit the Report of Officers Chosen for the Term (#186) and the Annual Survey of Fraternal Activity (#1728) by their respective due dates. The Fraternal Survey form is due January 31, 2016. The office report form was due July 1 but, for Star Assembly qualification purposes FOR THIS YEAR ONLY, forms received on or before December 1, 2015 will be considered "on time".
- Complete your Assembly Audit

NOTE: All required forms for the Star Assembly Award can be found on the Assembly Forms page of kofc.org/forms.





Marshals



Congratulations to all of our new Navigators and Assembly Officers. I wish you all much success in the new fraternal year. To assist me in ensuring you receive important information and communications about events in the District, your Diocese and your local area, I would like to introduce to you my District Marshal and Assistant District Marshal Staff, and the assemblies they cover. Please feel free to reach out to them if you have questions or events in your area, and need assistance.

SK Dave Onofrio, PSD District Master



Marshal Rick Lewis

Raleigh – 778 Cary – 2446 Garner/Fuquay – 2983 Chapel Hill – 3005 Durham – 3365 Henderson – 3440 Wake Forest – 3510 Raleigh -- 3552



ADM Dave McGuire

Wilson – 1899 Elizabeth City – 2379 Roanoke Rapids – 2538 Outer Banks – 2989



Admin. Asst. Boyce Williams



ADM Al Grupy

Fayetteville – 783 Southern Pines – 2069 Hope Mills – 2238 Newton Grove – 2490 Shallotte – 3115 Ft. Bragg -- 3459



ADM Dick Hamel

Asheville – 781 Hickory – 1713 Hendersonville – 2130 Arden – 2274 Shelby 2725 Maggie Valley -- 3001





ADM Matt Dimock

Charlotte – 780 Mint Hill – 2208 Denver – 2417 Gastonia – 2531 Concord -- 3158



ADM Greg Ciesielski

Jacksonville – 1541 New Bern – 1820 Wilmington – 2017 Morehead City – 2220 Swansboro – 2713 Southport – 2826 Havelock – 2894





Where to Purchase your Tuxedo

- 1. **My Own Tuxedo** You can order a complete tuxedo (jacket, pant, cummerbund and shirt) for about \$125 including shipping. The web site is http://www.myowntuxedo.com/
- 2. Some **J.C. Penny stores** still offer a discounted price for the proper tuxedo attire. This is not a corporate program and is entirely up to the store manger

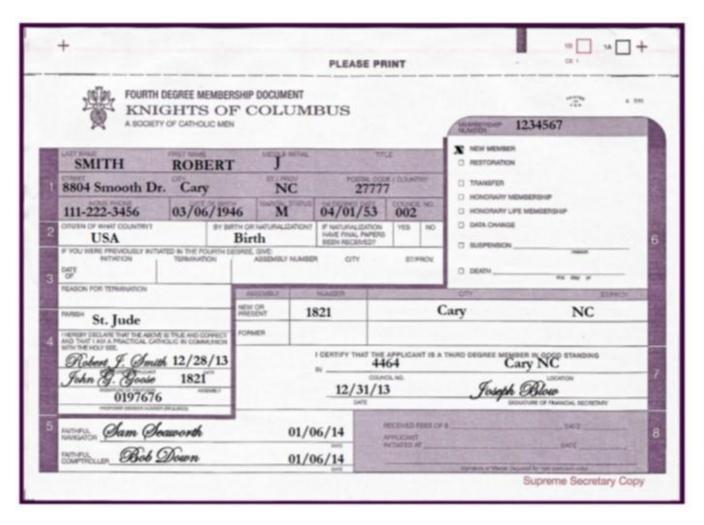


- Black Tuxedo "After 6" version. No tails, just a straight bottom cut with normal lapels
- Plain white, pleated tuxedo shirt with a straight collar **NO WING TIP COLLARS**
- Black bow tie
- Black cummerbund
- Round black tuxedo studs and cuff links
- Black shoes and socks
- NO VESTS





Form 4 - Properly Filled Out







One Nation Under God Designated Flag Flying Days from the U.S. Flag Code

New Year's Day, January 1
Inauguration Day, January 20
Martin Luther King Jr.'s birthday, (third Monday in January)
Lincoln's Birthday, February 12
Washington's Birthday, (third Monday in February)
Easter Sunday (variable)
Mother's Day, (second Sunday in May)
Peace Officers Memorial Day, May 15 (half-staff all day)
Armed Forces Day, third Saturday in May
Memorial Day (half-staff until noon), the last Monday in May

Flag Day, June 14 Father's Day, June 19

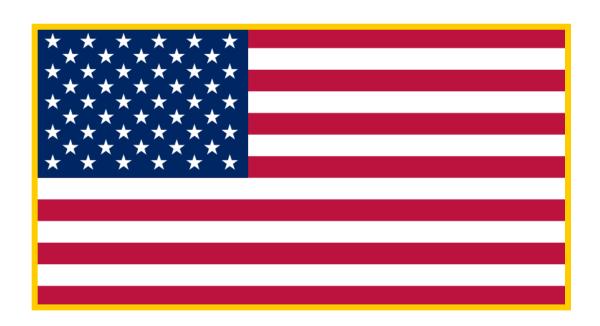
Independence Day, July 4
Labor Day, first Monday in September
Patriot Day, September 11 (half-staff all day)
Constitution Day, September 17
Columbus Day, (second Monday in October)
Navy Day, October 13
Veterans Day, November 11
Thanksgiving Day, (fourth Thursday in November)
National Pearl Harbor Remembrance Day, December 7 (half-staff all day)
Christmas Day, December 25



The Official Publication of the 4th Degree, Knights of Columbus, of North Carolina



"I pledge allegiance to the Flag of the United States of America, and to the Republic for which it stands, one Nation under God, indivisible, with liberty and justice for all."



June 14th is FLAG DAY Recite the Pledge, Display your Flag



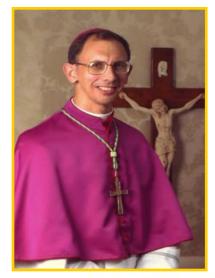
Father's Day - June 19th

Remember our Fathers on this special day

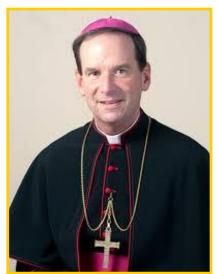
Also remember those special "Fathers"
Pope Francis, Archbishop Lori, Bishop Jugis, Bishop Burbidge
and Father Lesak. Remember all the Bishops, Priests and Deacons
on this day we honor our fathers.











The Official Publication of the 4th Degree, Knights of Columbus, of North Carolina



Knights of Columbus District of North Carolina Programs

The following programs are considered as District wide.

Military Chaplain Scholarship Fund – To support priestly vocations for the military. This is reserved exclusively for seminarians who will, once ordained, serve both their home diocese and the Archdiocese for the Military Services, USA, as a uniformed chaplain. The goal to have each State, combined with the Fourth Degree District, raise a minimum of \$4000 per year over a five year period has been met. However, the Supreme Knight has asked us to continue and has raised the goal to \$1.2 million. The Archdiocese's 5 year plan shows a need for \$2.7 million and they do not get any assistance from the government. We must continue to collect as much money as we can in support of trying to reduce the shortage of Catholic Chaplains in the Military. Checks are to be made payable to "Knights of Columbus Charities" with the notation "Military Scholarship" in the memo area and mailed to:

Gary L. McLain, PSD, FM, FVSM 36 Currant Avenue; Middleburg, FL 32068

Wounded Warrior Fund – Run through the Military Order of the Purple Heart, we raise money to send all of the Wounded Warriors, in the Military Hospital at Camp Lejeune Marine Base, home for the Holidays. This is a 501c3 non-profit organization and your contributions are tax deductible. 100% of the money is used to send them home. This program has been approved by Supreme Master Dennis Stoddard. Checks are to be made payable to "M.O.P.H." with the notation "Wounded Warrior Fund" in the memo area and mailed to:

Robert J. Singer, PSD, FDM, FVSM 2506 Canal Drive; Wilson, NC 27896-1326

VAVS (Veterans Assistance Volunteer Service) – This encompasses so many activities in support of our Veterans and it is only limited by your imagination. SK Tom DuPree is our representative for this extremely valuable program and has implemented several ways we can help and work with our Veterans. One such activity was the collection, at the Fourth Degree Exemplification, of specific items that are needed at the VA Medical Centers in NC. Please contact Tom, find out what he has already set up and volunteer. Tom is always looking for more ideas. Tom DuPree, North Carolina District VAVS Representative VA twdupree@aol.com_H-919-577-6901 or C-919-302-5550



Knights of Columbus District of North Carolina Programs

"One Nation Under God" Pledge Program – It calls for all assemblies in each U. S. state to gather at the state's capital city on Flag Day, June 14th, to conduct a flag ceremony and recite the Pledge of Allegiance each year. Every Assembly should plan an event in their community for Flag Day. Marshal Rick Lewis is heading this up for the District. Contact Rick at rlewis17@nc.rr.com.

4th Degree Patriotic Coupon Program – All we are asking you to do is to save all the <u>national product</u> unexpired or expired coupons and send them to Joe Bailer. Joe is working with his contacts at Fort Bragg to distribute these coupons to military families in the U.S. and overseas. This doesn't involve any manual labor (except using a pair of scissors) and would mean so much to many military families. There is no reason you can't get your Assemblies and Councils involved immediately, at little or no cost.

Contact info:

Joe Bailer 3717 Colorado Drive Hope Mills, NC 28348-2106 910-424-4880, No email

Sir Knights,

Two reminders to pass along to all who wear the official uniform or that of the Color Corps (in regalia):

- 1. Always have your tuxedo jacket buttoned when in public and/or posing for pictures.
- 2. Stand Tall, Stand Proud remember, "Sir Knight is more than a title, it is an Honor"

SK Dave Onofrio





Greetings Brother Sir Knights and Faithful Navigators, Vivat Jesus!

As you complete your term as FN, I want to thank you for your leadership in guiding your Assembly to another successful year. If you are the FN for 2016-2017, Congratulations on your election. I look forward to working with you and your Brother SK in support of our Veterans and VAVS programs at the four VA Medical Centers, at the Health Care Centers (HHC-4), USOs, retirement communities and nursing homes. If I can be of assistance, please contact me.

We have recently opened 4 HHC in Kernersville, Charlotte, Fayetteville and Greensville. These outpatient centers operate 8-5, M-F. Each center is in need of Volunteers to assist our Veterans in obtaining their medical service. If you are interested in volunteering, please contact me at twdupree@aol.com or 919-302-5555 for additional information.

IMPORTANT: Please be sure to appoint a Brother SK from your Assembly to communicate and work with the Grand Knight of the Councils under your umbrella to coordinate and support our Veteran programs. This individual should attend each Council's monthly meeting and work to create a partnership between the Council and Assembly; discuss up-coming programs that the two of you can coordinate.

Budget: As you review and complete your Assembly budget for 2016-2017, I would like to suggest/request that you consider a line item (\$\$) for the following programs:

- ♦ National Wheel Chair Games- Cincinnati, Ohio
- ♦ Wounded Warriors (M.O.P.H.)
- ♦ Coat Program-new
- ♦ USO

This year the Fayetteville VA sent 12, Salisbury sent 17 & Durham sent 8 to the National Wheel Chair Games. Your monetary contributions have been used to pay for hotel, transportation and team uniforms. On behalf of these Veterans, I want express my deep appreciation on their behalf for your generous support. Additional funds are still needed, if you have not made your donation, please do so immediately.

Needs at VA Medical Centers: The government does not provide (VA) many of the needs of our Veterans. All VA Medical Centers can use gift cards for grocery stores, restaurants, theaters, sporting events etc...These will assist the staff in taking our Veterans that are in the Community Living Centers and Hospice Centers out for a social event. Gift cards to Walmart, Target and Sam's are also very useful.

State Convention: Thanks for all those who stopped by our VAVS table. Your donation total was \$443. This money will be used for the National Wheel Chair Games.

Veterans Appreciation BBQ4 at Veterans Restoration Quarters (VRQ) Asheville, NC. Please see attached Fourth of July flier. Requesting each Assembly to make a donation. The VRQ is home for over 240 Veterans.



Fraternally, SK Thomas W. (Tom) DuPree Jr. PGK, PFN, VAVS Representative Durham VA North Carolina District VAVS Representative VA, North Carolina State Council Veterans Affairs and VAVS Chairman St. Francis of Assisi Assembly # 3552 Faithful Navigator





Veterans Appreciation BBQ #4

Veterans Restoration Quarters-Asheville, NC

Friday, July 1, 2016 1000-1300 hrs.

Join the WNC Knights of Columbus and their families as they serve our veterans a delicious meal of:

- Rib eye steak
- Potato Salad
- Coleslaw
- Baked Beans
- Apple Pie and Ice Cream

Come be a part of this cook team. Bring your spouse and/or older children. Eat with one of the 240 vets in the patriotically decorated dining hall.

If you can't join our cook team, a donation towards this special meal would be very helpful.

For cook team participation details, contact Rick Fletcher 314.341.2419

For donations towards this meal, please make your check out to ABCCM, and mail it Rick Fletcher, PO Box 55, Saluda, NC 28773. In the memo section, please note "4th of July BBQ". A full accounting of funds will be published.



When You Meet A Veteran...















Just Say...

Thank You!!